



# The Healthy College Cookbook

*Alexandra Nimetz, Jason Stanley, Emeline Starr*

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If the pizza-delivery guy is in your apartment more often than your roommate, *The Healthy College Cookbook* is exactly what you need. With more than 300 recipes created by college students to show novice cooks how to make delicious, nutritious meals that are inexpensive and easy, there's no excuse not to cook for yourself. Whether you're a meat lover, vegetarian, or vegan, you'll find simple and adaptable recipes for quick breakfasts, portable snacks, fresh lunches, and satisfying dinners. Fuel your studies with some home cooking.

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