



# Smoking Meat: The Essential Guide to Real Barbecue

*Jeff Phillips*

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# **Smoking Meat: The Essential Guide to Real Barbecue**

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## **Smoking Meat: The Essential Guide to Real Barbecue** Jeff Phillips

Real barbecue taste comes from mastering the art of slow-cooking meat at a low temperature for a long time, using wood smoke to add flavor, and this is the book that shows you how! For the first time in print, Jeff Phillips is sharing the information he has compiled on his incredibly popular website, [www.smoking-meat.com](http://www.smoking-meat.com). With step-by-step instructions on how to choose, set up, and modify your own charcoal, gas, or electric smoker, Jeff guides you through your smoking session with the patience that is unique to an experienced pitmaster. Once you've chosen your smoker and got the knack of some basic techniques, Jeff encourages you to cut loose and experiment to develop your own smoky sensations. Best of all, you can use your basic backyard grill to give smoking meats a try, then decide whether to invest in a smoker.



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