



Consigue lo quequieres, valora lo que tienes / How to Get What You Want and Want What You Have (Spanish Edition)

John Gray

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He aquí un libro que le ayudará a conseguir lo que quiere y a ser feliz con lo que tiene. John Gray, el hombre que con sus libros ha ayudado a millones de personas a mejorar sus relaciones de pareja, ha escrito una guía indispensable para alcanzar el éxito personal. Combinando ideas de la psicología occidental y la meditación oriental, presenta un método innovador y de eficacia probada para sentirse feliz, confiado y en paz mediante cuatro pasos fáciles de seguir.

1. Fije sus objetivos: determine dónde se encuentra ahora y dónde necesita ir para alcanzar el éxito.
2. Obtenga lo que necesita: aprenda cómo obtener lo que necesita para ser fiel a sí mismo.
3. Consiga lo que quiere: cree éxito exterior sin sacrificar la dicha interior.
4. Supere sus bloqueos: tome conciencia de los obstáculos que lo retienen y allane el camino para el éxito interior y exterior.

Deje de pensar que >. No es verdad. Usted tiene todo lo que necesita para llevar una vida rica y satisfactoria. **Consigue lo que quieres y valora lo que tienes** le ayudará a eliminar los bloqueos para acceder al deseo del alma. Para alcanzar el éxito personal hay un secreto. Si lee este libro, edemás de descubrir ese secreto, se pondrá en camino para conseguir sus objetivos.

Here's the book to help you get what you want--and be happy with what you have. John Gray, the man responsible for helping millions of people improve their relationships in his best-selling Mars and Venus books, has written the essential guide to personal success.

Combining insights from Western psychology and Eastern meditation, he presents an innovative and proven method to become happy, confident, and at peace through four easy-to-follow steps.

According to Gray, there is a secret to personal success. Stop living by the age-old adage "the grass is always greener on the other side." It's not. You have everything within your reach right now to live a rich and fulfilling life. **Consigue lo que quieres, disfruta lo que tienes** offers the wisdom and techniques that will help you release your emotional blocks so that you can realize your soul's desire.

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