



Miracle Vitamin Water: Rehydrate, Detox and Add Vigor to Your Health + 20 Vitamin Water Recipes You Can Make At Home (Fruit Infused Water & Hydration)

Colleen Diaz

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Miracle Vitamin Water: Rehydrate, Detox and Add Vigor To Your Health + 20 Vitamin Water Recipes You Can Make At Home, is focused on introducing readers to the world of making and drinking vitamin infused water. Whether you are looking for a healthier way to rehydrate or someone who is trying to find the best way to detoxify and shed unwanted weight, vitamin water is definitely a great medium to aid you in your quest in rediscovering a better and healthier version of you.

Here is a preview of what you will learn from this book:

- Find out what vitamin water is
- Learn the difference between commercially produced bottled vitamin waters and homemade vitamin infused water.
- Understand the benefits of drinking vitamin water on a daily basis and the reasons why you should consider making this drink a part of your everyday diet.
- Discover flavor combinations by trying out the featured vitamin water recipes in the book.
- Learn the dos and don'ts of making and drinking vitamin infused h20.

The book is a collection of juicy and really tasty information on miracle vitamin water. This will help a newbie and even experienced drinkers appreciate how this detox/hydration drink can help you turn your body into a really clean eating machine.

Download this book today to start your healthy makeover with the help of vitamin water.

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This Miracle Vitamin Water: Rehydrate, Detox and Add Vigor to Your Health + 20 Vitamin Water Recipes You Can Make At Home (Fruit Infused Water & Hydration) book is not really ordinary book, you have it then the world is in your hands. The benefit you obtain by reading this book is information inside this publication incredible fresh, you will get information which is getting deeper a person read a lot of information you will get. That Miracle Vitamin Water: Rehydrate, Detox and Add Vigor to Your Health + 20 Vitamin Water Recipes You Can Make At Home (Fruit Infused Water & Hydration) without we know teach the one who studying it become critical in imagining and analyzing. Don't possibly be worry Miracle Vitamin Water: Rehydrate, Detox and Add Vigor to Your Health + 20 Vitamin Water Recipes You Can Make At Home (Fruit Infused Water & Hydration) can bring once you are and not make your bag space or bookshelves' turn out to be full because you can have it in the lovely laptop even phone. This Miracle Vitamin Water: Rehydrate, Detox and Add Vigor to Your Health + 20 Vitamin Water Recipes You Can Make At Home (Fruit Infused Water & Hydration) having excellent arrangement in word along with layout, so you will not sense uninterested in reading.

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