



# Love, Sex and Staying Warm: Creating a Vital Relationship

*Neil Rosenthal*

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## Reignite Your Passion, Strengthen Your Relationship, And Keep The Romance Alive

### Love, Sex, and Staying Warm: Creating a Vital Relationship

From internationally syndicated newspaper columnist, Neil Rosenthal.

#### Falling in love is easy...

The hard part is maintaining the deep love and passion over the years you're together. If you're not careful cracks and crevices will start to appear.

And if you're unable to spot them, a relationship that was **once rock solid will slowly begin to crumble and disintegrate**. It's knowing how to spot the cracks, or stop them from ever appearing, that's the secret behind successful relationships fueled by love, passion and happiness.

In Love, Sex, and Staying Warm, internationally renowned relationship expert and "trouble-fixer" Neil Rosenthal shares **practical and actionable strategies** to rekindle your flame, strengthen your relationship and bring you and your partner back to the passionate love you once felt.

If you've felt that your relationship has weakened over time, or that the **trust, love and passion has begun to fade**, this book is a must read for you (*and your partner*).

Beginning with a quiz asking you if you are sabotaging your relationship, to an explanation of romantic intelligence, to a discussion about walling yourself off and having a guarded heart, to an exercise in deepening your relationship, Love, Sex and Staying Warm is designed to deliver results, fast.

Each chapter is packed to the brim with the techniques author Neil Rosenthal has developed over his 30 years in private practice and has shared on major media outlets such as **ABC, NBC and Fox TV**.

Everything from how to handle criticism and how to overcome defensiveness to a quiz evaluating your relationship (and of course much more) is revealed inside.

#### You'll also discover:

- How to jump-start your love life
- What to do if you've grown apart
- How to win back trust and confidence
- How to communicating effectively when you are hurt or angry
- How to be more romantic
- The "cure-all" for relationship disconnection

Whether you are in a new relationship or have been married for a long time, this book will give you the tools and strategies you need to strengthen your relationship, re-establish intimacy, reignite your love, and keep the flame alive.

### Love, Sex, and Staying Warm: Creating a Vital Relationship by Neil Rosenthal

Buy the book now and keep your flame alive.

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Neil Rosenthal is a licensed marriage and family therapist in Denver Colorado, specializing in how people can strengthen their intimate relationships.

Neil has become known as the “go-to guy” for anyone looking to rekindle their flame and reignite their love and with **over 30 years experience** fixing broken relationships he has seen it all and this has allowed him to **develop proven strategies** that deliver fast results, no matter how bleak the situation may seem.

His success has led to a **nationally and internationally syndicated newspaper columnist**, frequent TV appearances on outlets such as **ABC, NBC and Fox News**.

For more information, free resources and practical relationship reigniting tips please visit:

**<http://HeartRelationships.com>**

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