



365 Days of Keto Recipes

Sarah Peterson

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DISCOVER THESE AMAZINGLY DELICIOUS KETO RECIPES FOR EVERY DAY OF THE YEAR! If you want to prepare fast, delicious and healthy and stick with you Keto Diet then this recipe book is for you.... THIS RECIPE BOOK was created for people like you who are busy but still want to follow a Keto Diet. Each recipe follows the Keto diet and can be prepared and cooked with very little time and effort on your part which makes them all perfect for people who hate working over a stove all day. INSIDE THIS RECIPE BOOK you will get recipes covering everything from Breakfast, Stews, Sauces, Main Dishes, Soups and more! You will appreciate the variety and the quality of each recipe. Which one will be your new favorite? You don't have to search through multiple cookbooks trying to find new Keto Recipes. We provide 365 days of Keto recipes to make following the Keto Diet as easy as possible. We also strive to take the boredom out of eating the same foods. In just a matter of minutes you could be creating some amazing meals using the recipes in this book that will help you lose weight and feel great HERE ARE JUST A FEW OF THE AMAZING RECIPES INSIDE THIS BOOK •Keto Cream Cheese Pancakes •Keto Coconut Waffles •Keto Cauliflower Hash Browns •Keto Crock Pot Southwestern Pork Stew •Keto Pumpkin Spiced Soup •Keto Buffalo Chicken Salad •Pulled Adobo Chicken •Keto Strawberry Cake •MUCH MUCH MORE! HERE IS WHAT YOU WILL FIND INSIDE!... •What is the Ketogenic Diet? (Keto Diet) •Why Choose the Ketogenic Diet? •BENEFITS OF A KETO DIET •365 Keto Recipes •Keto Breakfast Recipes •Keto Snacks & Appetizers •Keto Side Dishes •Keto Lunch Recipes •Keto Dinner Recipes •Keto Desserts •Keto Drinks/Smoothies •Free Bonus Gift •Much Much More!

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