



Natural Healing: Dimensions of a Healing Relationship

Patricia Searing Ph.D.

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In this pioneering, major book on well-being, and healing research, Dr. Patricia Searing reveals innovative, fresh, and exciting ways to tap into healing techniques that have the power to improve your health and save your life. Patricia gives groundbreaking insights into the intimate connections between the mind, brain, body, and emotions. She provides astonishing new perspectives on what science has uncovered about the powers of the mind, and cellular-muscular memories. Dr. Searing talks about how her research participants have experienced Natural Healing to gain insight into the underlying meaning of their life challenges; stories that will inspire you to learn your own body's unique perceptive language. By learning basic energy techniques, tapping into your own body and learning to read the signals of distress and disease, you can strengthen your mind-body consciousness and empower yourself to create a healthier, happier life. Must reading for integrative healthcare professionals, for scientists, and for lay people seeking improved health, a richer personal life, and spiritual growth. Natural Healing is the new frontier of medicine. 352 pages. Complete with exercises and illustrations.



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