



Narcissism and the Psychotherapist

Sheila Rouslin Welt MS, William G. Herron PhD

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Narcissism has received much attention in the literature, but the focus has primarily been on patients. This fascinating book explores the narcissism of therapists--both its negative aspects and the creative potential it can offer the therapist-patient relationship. Although narcissism is often considered a psychoanalytic term, its scope is not limited to any school of therapy. By illuminating this misunderstood, neglected, even actively avoided aspect of the therapeutic process, this volume gives clinicians significant insight into how to bring about effective change in themselves and their patients.

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