



Private Thoughts: Exploring the Power of Women's Sexual Fantasies

Wendy Maltz, Suzie Boss

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In this groundbreaking and provocative book, originally published as *In the Garden of Desire*, renowned sex therapist Wendy Maltz and journalist Suzie Boss guide you through the fascinating world of women's sexual fantasies, showing how they often hold the key to increased sexual pleasure. *Private Thoughts* describes the most common fantasy roles for women, illuminates fantasy's diverse functions, explores where fantasies come from, explains how to change unwanted or troublesome fantasies, and offers readers straightforward advice for talking about fantasies with a lover. The authors draw on insights gained from years of clinical experience, professional research, and intimate interviews with women of all ages and lifestyles who revealed deliciously original, sensuous, and erotic stories. Entertaining as well as informative, *Private Thoughts* takes readers on a unique journey of passion, pleasure, and self-discovery.



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