



The Answer to How Is Yes: Acting on What Matters

Peter Block

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People keep asking ""How?"" as a defense against living their life, says best-selling author Peter Block. In this witty, insightful award-winning book, Block shows that many standard solutions and improvement efforts, reinforced by most of the literature, keep people paralyzed. Here he places the ""how to"" craze in perspective and teaches individuals, workers, and managers ways to act on what they know. This in turn allows them to reclaim their freedom and capacity to create the kind of world they want to live in. Block's ""elements of choice"" - the characteristic of a new workplace and a new world based on more positive values - include self-mentoring, investing in relationships, accepting the unpredictability of life, and realizing that the individual prospers only when the community does.

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