



Deal with It! A Whole New Approach to Your Body, Brain, and Life as a gURL

Esther Drill, Rebecca Odes, Heather McDonald

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Deal With It! offers a whole new approach for dealing with your life as a girl. It's a resource to help you learn about, laugh about, and figure out the stuff you go through on your way through life. It won't tell you what to do, because you'll need to decide that for yourself. But whether you're wondering about your body, your feelings or your changing relationships with the people around you, this book provides accurate information and outlines your options. Hilarious illustrations point out the humor in even the sorriest situations. And with hundreds of excerpts from real-girl conversations on the gURL.com website, you can see for real that whatever you're going through, you're not alone.

This book is for anyone who needs to know what it means to be a girl -- from those on the edge of their teens to those who are way past them but still reeling from the trauma.

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