



Causes, Coping and Consequences of Stress at Work (Wiley Series on Studies in Occupational Stress)

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Presents a critical perspective on recent research findings and theories concerning methodological issues and actions for coping with work-related stress in organizations. Addressing the epidemiology and physiology of work stress, the book examines the interplay of stress inducing factors in the environment and those in the individual. Reflects the changing emphasis in the study of occupational stress, which is shifting to more objective measurement procedures and to longitudinal designs.

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