



The New Father: A Dad's Guide to the First Year (New Father Series)

Armin A. Brott

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An indispensable handbook on all aspects of fatherhood during the first 12 months, by the author of *The Expectant Father*.

The essential handbook for all things first-year father is now fully updated and revised. Not only will new dads get a month-by-month guide to their baby's development, men reading *The New Father* will learn how they change, grow, and develop over the first twelve months of fatherhood.

In each chapter, Brott focuses on What's Going On with the Baby; What You're Going Through; What's Going On with Your Partner; You and Your Baby; Family Matters; and more. The latest research, as well as time-honored wisdom--and humor, thanks to New Yorker cartoons and Brott's light touch--make *The New Father* indispensable for the modern father who doesn't want to miss a moment of his child's first year.

What's new?

- How technology is changing fatherhood
- Changing definitions of fatherhood
- Changes in the way society deals with dads—from changing tables in public men's rooms to workplace flexibility
- Research proving that a father's love is just as important as a mother's
- How being an involved dad rewires a man's brain
- How changes in women's roles in the family affect dads and their roles
- Special concerns for: young dads, older dads, at-home dads, unmarried dads, dads in same-sex couples, dads in blended families, dads of kids with special needs, and men who became dads with the help of technology
- The special impact dads have on girls and boys
- Specific strategies dads can use to get—and stay—involved in their children's lives
- Updated resources for new fathers

Not to mention new research and information on:

- How to understand what your baby is telling you
- Babies' amazing abilities
- Baby massage--they love it!
- The latest on vaccinations and healthcare
- And much, much more

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Eric Sanders:

Reading a publication tends to be new life style within this era globalization. With studying you can get a lot of information that will give you benefit in your life. Using book everyone in this world can easily share their idea. Guides can also inspire a lot of people. Plenty of author can inspire their own reader with their story or even their experience. Not only the storyline that share in the guides. But also they write about the data about something that you need case in point. How to get the good score toefl, or how to teach your children, there are many kinds of book which exist now. The authors on earth always try to improve their ability in writing, they also doing some exploration before they write for their book. One of them is this The New Father: A Dad's Guide to the First Year (New Father Series).

Keith Vanwagoner:

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James Weil:

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