



# Pocket Guide to Fluid, Electrolyte, and Acid-Base Balance, 5e (Nursing Pocket Guides)

*Ursula Easterday Heitz, Mima M. Horne*

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With its concise, user-friendly outline format, this handy pocket guide is the indispensable consultant for fluid, electrolyte, and acid-base disturbances and how they relate to patient care. Readers will discover pathophysiology, assessment, diagnostic tests, collaborative management, and nursing diagnoses and interventions reviewed in a logical, consistent, and easy-to-read manner.

- Helps readers identify a patient's specific imbalance and understand the required nursing care
- Provides the ability to look up a diagnosis and learn what fluid, electrolyte, or acid-base disturbances are associated with that diagnosis
- Includes patient-family teaching guidelines with clear instructions to give the patient and family regarding care for the condition
- Provides pediatric and geriatric information to help users understand the variations within these special patient populations
- Compares different types of parenteral and enteral feedings, along with nursing implications
- Contains expanded and updated relevant IV therapy and pharmacology
- Features updated content throughout with current literature and research findings, such as most current blood pressure guidelines from the U.S. Department of Health and Human Services

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