



# Ordinary People Can Achieve the Extraordinary

*David DeFord*

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## **Ordinary People Can Achieve the Extraordinary** David DeFord

Do you set New Year's resolutions every year? Do you make the same resolutions every year, but find yourself farther away from accomplishing them each time?

You aren't alone.

What are your usual resolutions?

Lose weight  
Stop smoking  
Stop swearing  
Floss your teeth  
Read more and watch less television  
Stay on a budget  
Exercise

David DeFord has written the book you need to accomplish all that you seek in your life.

Ordinary People Can Achieve the Extraordinary-A Practical Guide to Goal Achievement will help you bust past the inevitable obstacles. In the past, you became discouraged and quit chasing your dreams.

Now, you can press past these roadblocks and reach your chosen destinations.

Learn:

- \* How to finally take control of your future
- \* How to build foundations under your dreams
- \* How you no longer need to "settle" for what you have
- \* Why living the "TV Existence" kills your dreams, and how to break free
- \* The best way to select your goals
- \* How to identify your "Great One Thing"
- \* How to use all of your sense to keep enthused
- \* How to become the success you seek
- \* How to deserve it
- \* Some simple record-keeping techniques to measure your progress
- \* How to talk yourself into overcoming the temptation to backslide
- \* How keeping a journal will help you succeed
- \* Resources that can help you keep your determination high
- \* Free e-zines to instruct and inspire you
- \* Discussion groups and forums that can help you
- \* How giving back to your community helps you deserve abundance

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Have you spare time for the day? What do you do when you have far more or little spare time? That's why, you can choose the suitable activity to get spend your time. Any person spent their own spare time to take a walk, shopping, or went to often the Mall. How about open as well as read a book entitled Ordinary People Can Achieve the Extraordinary? Maybe it is to become best activity for you. You recognize beside you can spend your time together with your favorite's book, you can wiser than before. Do you agree with their opinion or you have different opinion?

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A lot of people always spent their free time to vacation or maybe go to the outside with them family members or their friend. Are you aware? Many a lot of people spent they will free time just watching TV, or perhaps playing video games all day long. If you need to try to find a new activity that's look different you can read any book. It is really fun in your case. If you enjoy the book you read you can spent all day long to reading a publication. The book Ordinary People Can Achieve the Extraordinary it is extremely good to read. There are a lot of people who recommended this book. We were holding enjoying reading this book. Should you did not have enough space to create this book you can buy typically the e-book. You can m0ore simply to read this book from the smart phone. The price is not to fund but this book possesses high quality.

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