



## Fire in the Head: Shamanism and the Celtic Spirit

*Tom Cowan*

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In 'The Song of Wandering Aengus' William Butler Yeats refers to the 'fire in the head' that characterises the visionary experience. Tom Cowan has pursued this theme in a lyrical cross-cultural exploration of shamanism and the Celtic imagination that examines the myths and tales of the ancient Celtic poets and storytellers, and outlines techniques used to access the shaman's world.

Tom Cowan is the author of 'How to Tap Into Your Own Genius' and coauthor of 'Power of the Witch and Love Magic'.

"An engrossing, intelligent, and shamanically well-informed work that is an important gift to all those Westerners seeking a knowledge of Celtic shamanism"

MICHAEL HARNER, PH. D., author of 'The Way of the Shaman'

"An important and fascinating work on Celtic shamanism. Highly recommended"

SERGE KAHILI KING, author of 'Urban Shaman'

"A fascinating and entertaining study...(illuminating) glimpses of an original Celtic shamanism that appears in British and Irish folklore and literary remains. 'Fire in the Head' also offers an account of Celtic supernaturalism in general, and unveils the mysterious background of certain folk heroes, such as Robin Hood"

AKE HULTKRANTZ, author of 'Native Religions of North America'

"A remarkable exploration of shamanism (using) cross-cultural myths to explain the history and roots of the Celtic spirit"

SANDRA INGERMAN, author of 'Soul Retrieval: Mending the Fragmented Self'



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