



## Clinical Management in Mental Health Services

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*Clinical Management in Mental Health Services* is a practical guide to the day to day operational management of mental health teams. It explores both the theoretical aspects of management plus strategies for dealing with the wide range of management issues faced by managers working in mental health. It looks at issues such as leading a multidisciplinary team, Communication and Public Relations, the importance of clinical supervision, evidence-based practice, and quality assurance. It addresses the issue of workload management, clinical information management, how to plan a budget and how to manage stress.



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