



Manual of the Core Value Workshop

Steven Stosny

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Designed for family abusers or people on the path of becoming abusers, this innovative treatment uses compassion for self and loved ones as an incompatible response to the motivation to control and abuse. One of the most effective treatments in the world, its theoretical and empirical foundations, and research evaluation are presented in the director's book, *Treating Attachment Abuse: A Compassionate Approach*, published by Springer.

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