



The Monogamy Challenge: Creating and Keeping Intimacy

Peter Kane

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"The Monogamy Challenge" goes beyond helping partners resolve attractions to others: it also helps to create and sustain vital and passionate monogamous relationships. The authors 30+ years as a counselor and workshop facilitator have created a groundbreaking, deep and practical book, helping readers resolve the many issues that make intimacy and monogamy difficult. Since our whole life is about our relationship with ourselves and others, this book is also about creating success, intimacy and connection in every area of our lives.



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