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Polyphenols in Human Health and Disease documents antioxidant actions of polyphenols in protection of cells and cell organelles, critical for understanding their health-promoting actions to help the dietary supplement industry. The book begins by describing the fundamentals of absorption, metabolism and bioavailability of polyphenols, as well as the effect of microbes on polyphenol structure and function and toxicity. It then examines the role of polyphenols in the treatment of chronic disease, including vascular and cardiac health, obesity and diabetes therapy, cancer treatment and prevention, and more.

- Explores neuronal protection by polyphenol metabolites and their application to medical care
- Defines modulation of enzyme actions to help researchers see and study polyphenols' mechanisms of action, leading to clinical applications
- Includes insights on polyphenols in brain and neurological functions to apply them to the wide range of aging diseases



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